



**LINDSAY**  
*Hanke-Kadatz*

Speaker Information

# TABLE OF CONTENTS

- 01 Meet Lindsay
- 02 Humour, Insight, and Action
- 03 Testimonials & Kind Words
- 04 For Who? Ideal Audiences
- 05 Speaking Topics
- 06 Connect with Lindsay



# MEET LINDSAY HARLE-KADATZ

Lindsay Harle-Kadatz is known in speaking circles as the Values Vixen (and a quirky human). As a speaker and business consultant focused on team behaviour via culture and brand alignment, she supports leaders who want to have an immediate and lasting impact on their people - and it starts with values. Values, Lindsay believes, are the tasty mental prune juice that brings a leader better brain flow for guiding, connecting, and leading their team to greatness.

With this belief, she speaks on a number of topics including what values in action do for trust, mental health and the creative brain, and how listening is more than ensuring you've had a good q-tip clearing. Each time, she leaves value through tangible takeaways while connecting with a bit of humour here and a well-timed pun there. A Neuro-Change Method™ Master Certified Practitioner, culture behaviour specialist, and ever-learning listening student & facilitator, she uses a different lens for connecting leaders and teams to their values, their values to their behaviour, and their behaviour to actions that matter to gain real traction for optimal business performance.

Lindsay is also the author of *Depression Constipation: How Pooping Saved My Sanity...and Other Stories*, a real-life tale of understanding depression in terms of constipation, mental flow, and humour. No matter the topic, Lindsay continues to make puns and look for the funny in the mundane, which has become the foundation for her true love: connection through stories! This is what saw her receive the 2019 Women of Inspiration - Influencer award, through the Universal Women's Network.

In everything, Lindsay stays true to her values of creativity, kindness, significance, independence, and humour - something you'll discover the moment she begins to speak.



# HUMOUR, INSIGHT & ACTION

SPEAKING ISN'T ABOUT BEING A SAGE ON THE STAGE, IT'S ABOUT CREATING HOPE THROUGH HUMOUR, INSIGHT, AND A WEE BIT OF ACTION.

A speaker doesn't have all the answers - nor should they. A speaker is one who is willing to share their story - good, bad, and the wee bit ugly - to support others in their own growth.

Lindsay does just that in her own quirky way, allowing your audience to see themselves as imperfectly perfect, committed to their own evolution to better serve their purpose - whether in business, at home, or in their greater community.

Her talks focus on inspiring hope while connecting the dots between concept, theory, and action. Whether comparing mental health struggles with constipation or sharing tales of falling down only to rise again, each talk engages while asking the audience to go deeper within.

In this, we all find the confidence to be our true selves along the way, inspiring so many others to do the same. A very different approach to transforming today's workplaces, Lindsay is here to share the power a leader can have on their people...when they are brave enough to share.

If you're looking for a speaker that your audience can easily connect with, grow with, and have out loud "ah-has!" along the way, Lindsay is your gal.

## You may have heard her...

- **Businesses are People Too! A Podcast!**, 4 seasons, **host & creator**
- Guest, multiple podcasts, such as Rebel Rebel, **topics on listening, values, and branding**
- **Conscious Capitalism Inc.**, Virtual Gathering, speaker, April 2023
- Rise Beyond Recovery Summit, Values in Action, **speaker**, April 2022
- Permission to Do You Bonanza, **Values panellist and speaker**, Dec 2021
- Let's Talk Hope Conference, **Values Workshop Host and Facilitator**, Jan 2021
- **CreativeMornings**, **Anxiety and Entrepreneurship guest speaker**, Jan 2018
- Pure Potentials Scottsdale, **brand voice and values guest speaker**, Oct 2016
- Calgary Business Professionals, **values and anxiety, and entrepreneurship speaker**, 2018
- Brighter Business Empower, **brain tricks for branding featured speaker**, June 2014

# TESTIMONIALS



Thank you Lindsay for your presentation! Over the course of an hour, our program participants were highly engaged and since your presentation, are highly motivated to narrow down their top values and make more significant choices to live within those values! ISC Health appreciates your candidacy, free-flowing spirit, and inviting conversational-style presenting skills. We would highly recommend you to companies and/or organizations looking to better their productivity, their people's mindsets, and increase awareness on the importance of living your veracious values! You are thoughtful and engaging and we are looking forward to working with you again in the future!

- Kayla Walsh, ISC Health Founder



# A FEW MORE KIND WORDS



*I always think the sign of an awesome presentation is when we're still talking about it after the speaker leaves and that's totally what happened today. So appreciate your brilliance, your passion, your science and your quirk ☺ I highly recommend Lindsay for any of your organizational training opportunities!*  
- Lindsay Recknell, Paradigm Capital

The collaborative process was a wonderful experience. Lindsay has a steadfast approach to listen, understand and capture genuine values. She also facilitated team exercises to conceptualize and test key messaging. It was a pleasure to work with Lindsay, her curiosity and humor made the development process fun and exciting. I would highly recommend Lindsay to others who are looking for a partner to help with their brand development.

- Stefan Herbst, ADVANTUS360

Thank you for your energy and passion at today's HR Bootcamp session! It really came through and the comments in the Chat Box were incredible. I loved the exercises and I know that our attendees will be using them personally and organizationally.

Thank you again for today's session!

- Nicole Bourgeois, CPHR AB

Loved Lindsay! I highly recommend to anyone looking to really hone in on values and understand how to use them to set goals and boundaries! What a great experience!

- Emily Zhang



# FOR WHO? IDEAL AUDIENCE



## LEADERS

You dream of having a deeper, more immediate impact on your people. This starts by going within, uncovering how to grow your confidence, share your clarity, and rewire your brain and beliefs to inspire your people by modelling the behaviour you want to see.

## TEAMS

Your team performs - but are looking for a deeper purpose. For greater connection to each other. For more joy throughout their days. You don't just want to succeed - you want to THRIVE! This means connecting individual behaviours, performance, and actions to optimize team performance, consistent with company values.

## BUSINESSES

You are growing and want to ensure that as you continue to evolve, your workplace culture is one that inspires people to work - and stay at. Ideally, you believe that the people in your business matter as individuals. You have a board you look to for guidance and are committed to your company's success guided by a clear vision, founded on values, and growing in purpose through aligned actions, culture, and brand.

# SPEAKER TOPICS

A few favourites to speak on

## VERACIOUS VALUES

### **How to motivate to take action that matters**

Overwhelmed, stressed, indecisive, uncertain, frustrated - RAWR!!! If only a scream was the answer to motivating your team into results-producing action. What can you do when quotas loom, decisions keep being derailed, and you need to turn your team around stat...without raising your voice? Join Lindsay Harle-Kadatz in this 90-minute workshop presentation and uncover how to motivate yourself and your people to taking action that gains traction, even during high-stress situations.

## UNLEASHING ANXIETY

### **Calm the anxiety spiral before the emotional explosion**

When your mind renders you defenceless, how can you harness the creative in the chaos, let alone run a creative business?! Rather than running from the creative constipation, unleash the mental prune juice lessons that each anxious bout offers. Join Lindsay in this 30-minute presentation as she provides humorous insights and valuable business lessons from her own journey as a creative business owner who's harnessing her own mental health to create greater connection. Learn how to reframe your thinking and work with the brain your creative mind is hosted by!

## TWO EARS, ONE MOUTH

### **Why listening, not hearing, is how businesses thrive**

We do it everyday...but are we doing it properly? Listening is 55% of how we communicate. But when we don't do it properly, we miss opportunities. In this 60-minute presentation, Lindsay walks you through what it means to listen beyond words, with your whole body, and how to build teams that through when their ears are properly Q-tipped and minds are primed in curiosity. Words, practices, and even a hint of math (don't worry - it's easy) are the primary takeaways you will thrive with post talk.

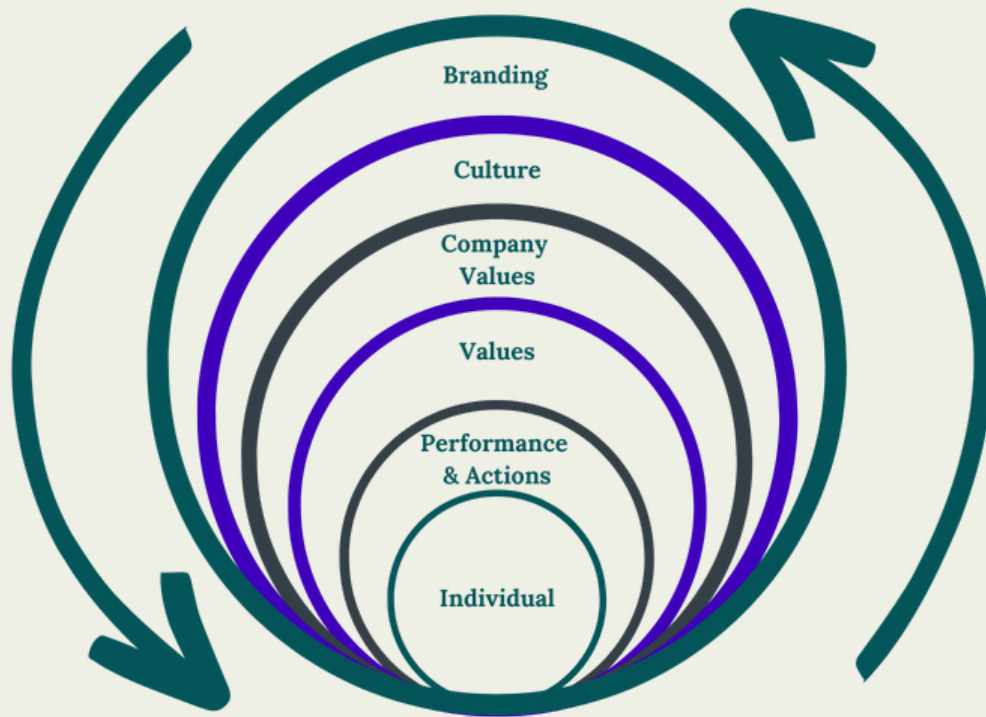
## REWIRING THE BUSINESS BRAIN

### **Molding the business brain with your team's neural circuit**

With a world of possibilities ahead, knowing that what got you to today's success isn't what will take you to your next one. How, then, can you lead your people to new heights? Enter neuroplasticity - the science-based secret to supporting the brain of your business - your team - to realize their full potential together. In this 60-minute presentation, Lindsay shares insights into how beliefs, mindset, emotional intelligence and neuroplasticity intertwine to successfully rewrite outdated beliefs, reinforce supportive behaviours, and optimize each individual team member's uniqueness to enhance your collective culture... and grow your bottomline.







CONNECT  
WITH  
LINDSAY

403.466.4801

[lindsay@brpconsulting.ca](mailto:lindsay@brpconsulting.ca)

[brpconsulting.ca](http://brpconsulting.ca)

LinkedIn: Lindsay Harle-Kadatz

